



Clare is a Chartered Psychologist, coach and researcher in the area of organisational behaviour and regularly provides consultancy & research projects to both public and private sector companies in the areas of diversity, workforce planning, neuropsychology, and leadership.

Clare holds an MSc in Work and Organisational Psychology from Dublin City University (DCU), a BA in Psychology from Dublin Business School (DBS). She is a current doctoral researcher with Birkbeck University. Clare is the previous Chair for the Division of Work and Organisational Psychologists (DWOP). Clare is also a Chartered Psychologist with the British Psychology Society (BPS). She is a member of the Chartered Institute of Professional Development (CIPD). Clare is also a lecturer for MBA programmes. Clare is an accredited coach and holds a certificate in executive coaching and mentoring from ILM. She is a member of the BPS special group in Coaching Psychology and the Association of Coaching.

Before becoming a psychologist, Clare worked for over 20 years in senior roles in the financial services sector, and now mixes her business experience and psychological theory to understand the challenges faced by organisations and help develop the best solutions. Her strengths lie in being able to apply psychological theory and best practice to organisational needs. Her experience can ensure that any interventions are evidence based using academic research, practitioner best practice and the context of the business needs. She uses data and learning analytics to support any interventions to ensure behavior changes are monitored and measured, and that any agreed actions are accountable.

Clients describe Clare as engaging, passionate and professional. She has worked with a range of clients from Civil Service, public sector, professional services, and small business and can readily adapt her style and knowledge to suit the context. Clare regularly speaks at conferences and corporate events and is in demand for her knowledge and easy, relaxed style in which she can convey theory in a fun and engaging way.